



2pm, Tuesday 25 April 2023
County Hall, Carmarthen

MINUTES

Present

Name	Organisation
Cllr Darren Price (Chair)	Carmarthenshire County Council
Noelwyn Daniel	Carmarthenshire County Council
Mydrian Harries	Mid & West Wales Fire and Rescue Service
Huwel Manley	Natural Resources Wales
Jo McCarthy	Hywel Dda University Health Board
Andrew Charles	Welsh Government
Marie Mitchell	Carmarthenshire Association of Voluntary Services
Barry Liles	University of Wales Trinity Saint David
Vanessa Cashmore	Coleg Sir Gâr
Martyn Williams	Department for Work and Pensions

In attendance

Name	Organisation
Gwyneth Ayers	Carmarthenshire County Council
Kate Harrop	Carmarthenshire County Council
Alex Cook	Carmarthenshire County Council
Beth Cossins	Hywel Dda University Health Board
Eldeg Rosser	Hywel Dda University Health Board
Gaynor Megicks	Hywel Dda University Health Board

1. Welcome, Introductions and Apologies

Apologies

Name	Organisation
Carys Morgans	Office for the Police and Crime Commissioner
Andrew Cornish	Coleg Sir Gâr
Phil Kloer	Hywel Dda University Health Board
Kelvin Barlow	Regional Partnership Board
Christine Harley	Probation Service
Cassandra Bennett	Department for Work and Pensions

Cllr Darren Price, Chair, welcomed everyone to the meeting and noted that the Board looks forward to Cassandra Bennett joining from DWP in place of Wyn Morris. Thanked Wyn for his contribution to the PSB.

2. New Hospital Site Consultation

Eldeg Rosser, Head of Capital Planning at Hywel Dda University Health Board, outlined the Health Board’s consultation exercise which ends on 19 May. Engagement events have been taking place in local communities. The consultation sets out three potential sites for a new Urgent and Planned Care Hospital – two near Whitland and one near St Clears.

Views are invited on which is the best location for the new hospital and why, any concerns about the three potential sites and any other considerations. The presentation gave further information relating to each potential site and outlined the plans for the new and current hospitals.

The main questions raised on consultation in Carmarthenshire had been in terms of the longer distance that would need to be travelled to the new hospital as opposed to attending Glangwili. It was clarified that routine and outpatient appointments will remain at Glangwili with the new hospital providing services such as acute, emergency, paediatric and surgical. It was positive that more services will be provided locally as community hubs are developed to help with service provision closer to home. The end result will be reduced waiting times, a more seamless process and better quality of care.

Discussion took place around the Travel and Transport Strategy and details of the relevant Council officer, Simon Charles, Transport Strategy and Infrastructure Manager, were shared.

ACTION

Share slides for the ‘New Hospital Site Consultation’	PSB Support Team
PSB partners were encouraged to respond to the consultation as organisations and as members of the public before the closing date of 19 May: Online at https://hduhb.nhs.wales/about-us/healthier-mid-and-west-wales/new-hospital-site/ or email hyweldda.engagement@wales.nhs.uk	ALL
Forward officer contact details to Eldeg Rosser for engagement on active travel	Beth Cossins

3. Healthy Weight System Mapping workshop (7 February) – feedback on system maps

Beth Cossins, Principal Public Health Practitioner with Hywel Dda University Health Board, gave an overview of feedback from the workshop which had taken place with key stakeholders in Carmarthenshire on 7 February, and the mapping work which had taken place.

The challenges faced by increasing obesity levels locally were discussed. It was noted that rates are higher in communities where deprivation is higher which increases inequality. The Cost of Living crisis will push more families into food poverty and it is therefore likely that there will be a worsening of this gap and more inequality if this is not tackled now.

The Welsh Government’s ‘Healthy Weight Healthy Wales Strategy’ was launched in 2019 [Healthy weight strategy \(Healthy Weight Healthy Wales\) | GOV.WALES](#) Welsh Government has funded a local team in each local Health Board with a senior practitioner, principal practitioner and admin support. In Hywel Dda, a regional approach has been put in place with Swansea Bay University Health Board with Beth Cossins as the regional lead. The team has been put in place to drive the whole systems approach which covers the seven national priority areas identified for 2022-24:

- Shape the food and drink environment towards sustainable and healthier options;
- Promote and support families to provide the best start in life, from pregnancy to early years;
- Enhance the development of the system of prevention which enables leadership at every level;
- Enable active environments and spaces to encourage more movement in daily life;
- Build on the development of equitable support services for people to become or maintain a healthy weight;
- Remove barriers to reduce diet and health inequalities across the population;
- Enable our education settings to be places where physical and mental health remains a priority.

Areas covered in the February workshop included looking at the causes of obesity in the local system, food and diet quality, cooking skills, demand for unhealthy food, affordability and availability of healthy food and convenience factor which all drive behaviour.

Actions which could be taken to make a difference include considering where green spaces are and access to them, opportunities for active travel, what a lack of physical ability is driven by such as work patterns, busy lives and affordability of physical activity and how schools can help families to eat healthily and be active.

Discussion took place on the need to connect with local communities to understand what local people want and how PSB partners can collaborate and take collective action on addressing the priority areas identified. It will be important to consider what PSB partners are able to influence and how we support our workforce in these healthy behaviours.

It was agreed that the next step is to prioritise an area of focus with a small number of collaborative actions.

4. Developing our Carmarthenshire Local Food Strategy

Alex Cook, Food Development Officer at Carmarthenshire County Council, gave an overview of this draft outline for the development of a Local Food Strategy. It had been prepared in consultation with stakeholders representing the public, private and third sectors, including the Bwyd Sir Gâr Sustainable Food Partnership, alongside a review of strategies, policies, recent research papers and operational procedures.

The strategy builds in a shared vision to take action plans forward through a place, partnership, and project-based approach – ‘A Carmarthenshire Food System that produces, promotes and provides healthy and sustainable food fit for Future Generations’. Significant progress had been made to date by PSB partners using Foundational Economy funding which showed how PSB partners impact on the food system. This established the need for a cohesive, holistic Food Strategy showing how current practice and policy by organisations could be improved.

The direct and indirect impact of PSB partners on the food system has been reviewed. An analysis of food spend showed 35% leakage. Barriers which will need to be overcome have been identified and these include financial pressures, policy, training, skills, innovations and infrastructure. Support will need to be provided at both an organisational and community level. Our local food system is highly focused on food production but we need to produce more of what we consume. Six food goals are identified in the proposed strategy:

1. Food for All
2. Food for Public Health
3. Net Zero Food System
4. Farming for Nature and Climate
5. Sustainable Food Procurement
6. Sustainable Food Sector Jobs and Livelihoods.

Views on the development document were invited. The draft was praised and the crossover with the previous agenda item relating to Healthy Weight was noted.

It was agreed that a broader input was needed to feed in to future discussions to consider what can be done to implement the change needed. Engagement is needed with the farming community, Rural Affairs Advisory Panel and Climate Change Panel.

The use of the term ‘goals’ was questioned due to the Welsh Government’s Well-being Goals and it was suggested that ‘outcomes’ was a more appropriate term.

ACTION	
Respond with any comments to Beth Cossins on the ‘Healthy Weight System Mapping Workshop’ presentation and to Alex Cook on the Draft Carmarthenshire Local Food Strategy by 31 May	ALL

5. Minutes and Matters Arising

28 February 2023

The minutes were accepted as a true and accurate record.

Action Log

Updates were provided on previous actions.

6. Adoption of Well-being Plan

All four statutory partners – Hywel Dda University Health Board, NRW, Mid and West Wales Fire and Rescue Service and Carmarthenshire County Council - had approved the final version of the Well-being Plan. The Plan had been redesigned with the content remaining the same and minor design changes were noted that were to be made.

The PSB adopted its Well-being Plan.

7. PSB Annual Event

The PSB’s inaugural annual event will be held on 16 May, 9.30 – 1, at John Burns Centre, Kidwelly.

The aim of the event is to focus on Involvement and Co-production by sharing and learning from local and national best practice. There will also be an opportunity to discuss the PSB’s Well-being Plan for 2028 and to be part of building the PSB’s new delivery structure as next steps are considered to enable the Plan to be put in to action.

ACTION	
Provide names of officers by 28 April , who have expertise in the areas covered by the Well-being Objectives, to be invited to the PSB’s annual event on 16 May 9.30am-1pm at John Burns Centre, Kidwelly	ALL

8. Any Other Business

No matters were raised.

7. Dates of future meetings

- 18 July 2023 (2 pm) - virtual
- 27 September 2023 (10 am) – in person
- 21 November 2023 (10 am) – virtual.