

EARLY YEARS INTEGRATION TRANSFORMATION PROGRAMME PATHFINDER CO-PRODUCTON – 2021/22
Progress Report 2

Progress Report 2 to be submitted by 30 April 2022 (please delete as appropriate): earlyyears@gov.wales

Please detail your progress against each objective/ target in accordance with the timeline outlined in Schedule 2 of the grant award letter for the relevant reporting period.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
Description of the existing Targets	
<p><u>Carmarthenshire</u> Cwm Gwendraeth Early Years Integrated Team Pilot</p> <ul style="list-style-type: none"> • Build an integrated, multidisciplinary team in order to effectively and prudently support families with young children living in the Gwendraeth Valley area of Carmarthenshire. • Identify and map service provision for families with young children living in the Cwm Gwendraeth area of Carmarthenshire. 	<p>The Health Visitors and core team continue to work well together. There is some improvement with the Midwives. They have now referred some families (5) for 1:1 support and are working with the Co-ordinator to create an antenatal resource pack for women to be distributed by the Midwives at 16/40 weeks pregnant.</p> <p>We continue to map the Cwm Gwendraeth area and to address gaps in provision. We are now at a stage where local and third sector agencies are aware of the EYIT and our activities.</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<ul style="list-style-type: none"> • Develop and improve the accessibility of information available about services for families within their geographic area. • Provide packages of parenting support that aims to improve outcomes and builds resilience for families and children living in Cwm Gwendraeth, through the development and implementation of innovative support packages. 	<p>The Website continues to be maintained and updated regularly. It includes information about Midwifery, Health Visiting and family support services. The newly appointed Community Connector is in the process of redesigning the layout of the website to improve navigation within the site. The Family Support Workers work directly with families to set up Whats App groups for each of the groups they deliver. Through doing this we have created well used support circles where parents can be seen to be supporting each other and building relationships.</p> <p>Since October 2021, we have delivered 3 continuous, face to face baby massage groups per week, each parent/child being offered 5 sessions per group. There are 6 -9 per group and we deliver this in different locations across the valley to improve accessibility. We have supported 18 families at home on a 1:1 basis with parenting issues such as sleep, toileting and behaviour. We have supported 12 families at home on a 1:1 basis for communication delay. We have supported the CCC/WG Winter of Wellbeing programme with a trip to Folly Farm for 104 children and parents and a package of 6 visits to soft play for 12 families without their own transport living in rural areas (72 individual sessions). We have supported the Child Development Fund by providing a rolling programme of the 'Time to Shine' programme. We deliver this in different locations across the valley to improve accessibility. This has been delivered to 68 children with development delay and their parents. We have worked with Tumble Family Centre to increase capacity at the FC so that they can support families on a drop in basis.</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<ul style="list-style-type: none"> • Improve the support of families identified as 'vulnerable' through the delivery of established parenting support programmes. • Facilitate and deliver activities that promote early attachment such as baby massage and one to one support for parents identified as having mental health issues. • Create strong working relationships with existing family support services that are active within the Cwm Gwendraeth area, in order to work with them to facilitate or co deliver provision of parenting support groups or one to one support. 	<p>The HV's continue to identify vulnerable families for 1:1 support at home. The Midwives have started to identify vulnerable women for 1:1 support by the Family Support Workers. Home safety sessions continue to be offered to all women from 25/40 weeks pregnant. The HV's continue to identify and refer families for support in groups which particularly targets children with development delay.</p> <p>Since October 2021, we have delivered 3 continuous, face to face baby massage groups per week, each parent/child being offered 5 sessions per group. There are 6 -9 per group and we deliver this in different locations across the valley to improve accessibility. Unfortunately, we have not been able to create a mental health support group since MIND were unable to proceed with the project due to staff shortages. We are currently looking at other options to create this type of support. We have provided the local Social Prescribers with a venue for them to hold a small support group for individuals with low level mental health and anxiety issues.</p> <p>We are a central link between many third sector agencies including Tumble Family Centre, Cymraeg I Blant, Action for Children, Menter Cwm Gwendraeth Elli and TAF Currently co delivering projects with Tumble Family Centre, Cymraeg I Blant, Mid and West Wales Fire and Rescue Service. Frequently offer our services to Plant Dewi, especially WG funded projects such as WOW and CDF.</p>

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<ul style="list-style-type: none"> Identify gaps in family support provision within the Cwm Gwendraeth area, and devise ways of filling those gaps especially for groups that are recognised as needing more support, such as families dealing with the early stages of an identified 'additional learning need', such as ASD or a global development delay. Support parents so that they are confident and able to support their own children to be healthy, safe and to have good outcomes even if there is adversity. 	<p>There are two pilots running in the Cwm Gwendraeth area. Children in need are running a transition pilot whereby they are attempting to get parents involved with the transition into school process so that they can better support their children with the process. The facilitators of this project report that the pilot is going well. The second is with education ALN services to aid transition into school.</p> <p>In the process of creating a sensory room in Tumble Family Centre. This will be used by one of the HV's to create a support group for families with children that have ALN.</p> <p>We continue to work with parents within the Cwm Gwendraeth area. Parents are either signposted or referred to our groups by the Health Visitors in the team or they contact the Family Support Workers directly from maintaining their contact details having previously taken part in a group or 1:1 support. We have encouraged parents to have a role in the provision of groups such as a group member being responsible for a small group while walking and on two occasions we had a mum take charge of one of the minibuses for the soft play project. This mum enjoyed it so much that she has declared that she wants to do more in the community.</p> <p>As in the last update, it is lovely to see parents building supportive relationships with each other and maintaining contact outside the EYIT activities.</p>
<p>Outcomes for Community Connector as a dedicated role</p> <ul style="list-style-type: none"> Establish a network for agencies working in the Cwm Gwendraeth area. 	<p>Unfortunately we lost our Community Connector in October 2021. The post has been refilled from February 28th 2022. Nevertheless all working relationships with third sector agencies have been maintained during the vacancy.</p> <ul style="list-style-type: none"> The Community Connector meets regularly with all agencies that support families and children and are active within the

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<ul style="list-style-type: none"> • Create an informative, electronic, service provider directory. In addition to maintaining the Early Years Integration Team website within the Family Information service and the Early Years Integration Team App for families/service users, the Community Connector will create and maintain a 'service providers' section within the website. • Work in partnership with local nurseries and service providers to improve school readiness. 	<p>Gwendraeth Valley. we have good working relationships with them and have co-delivered several projects with them, including Home Start, Tumble Family Centre, Plant Dewi, Cymraeg I Blant and local charities.</p> <ul style="list-style-type: none"> • The Website has been maintained and it does include a section for service providers. The new Community Connector is in the process of reviewing the whole of website to make it more user friendly. • We have worked with the local schools and nurseries to improve the transition process for children entering school. This is an area where we need to move forward. The new Community Connector has arranged a meeting for May and this will hopefully coincide with the appointing of a school readiness assistant.
<p>Ceredigion Pathfinder Pilot Programme</p> <p>Continue to build on the strong integrated working that exists to further explore how groups and courses can be delivered across Flying Start and Pathfinder areas, focussing on:</p> <ul style="list-style-type: none"> • Developing the 'blended offer' – what will be delivered virtually and what face to face (as guidance allows), utilising parental and staff evaluations 	<ul style="list-style-type: none"> • Ceredigion's Family Support Workers received Welcome to the World training following the Family Links Nurture programme training received last year. The topics covered included empathy and loving attentiveness, infant brain development, healthy eating choices, breast-feeding, infant care, managing stress and difficult feelings, promoting self-esteem and confidence, and the couple relationship. Courses were primarily delivered online, however, towards the end of the financial year with Covid

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<ul style="list-style-type: none"> • Incorporating the Flying Start offer of courses to suit families with children in each age range while still responding to locally identified need with a limited workforce • Ensure that the offer continues to incorporate the age range and range of support available – improved family relationships; reducing conflict; emotional wellbeing; understanding child development; attachment and bonding through ensuring that joint training and joint planning of both virtual and non virtual delivery continues. • Continue to seek parental views on what is working well and what needs to be done better • Continue to develop the range of services on offer in the locality based Pathfinder areas by working in partnership with Peri Natal mental 	<p>restrictions easing, increasingly courses are being delivered face to face.</p> <ul style="list-style-type: none"> • Parents were made aware of and encouraged to participate in the available accredited parenting courses for specific age ranges. These included GroBrain, GroBrain toddler, Helping Me Helping You, Family nurture, Incredible Years Toddlers, Incredible Years Babies, and Baby Massage. Other courses aimed at understanding and supporting child development are also offered by FSW's, these courses include Little Stars, Babbling Babies and Language and Play. • Courses are offered through a blended approach; face to face when restrictions allow and it is appropriate or virtually through applications such as Zoom or Teams. Some courses e.g. Preparation for Parenthood will remain virtual as they can be offered universally across Ceredigion. • In response to feedback from parents, courses such as Little Stars, Babbling Babies and Language and Play are better suited to face to face delivery and this is a key driver for our future delivery planning. • Links with the Parents Childcare and Employment representative have been made in order to encourage parents back into training to promote work readiness where childcare is a barrier. We are

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<p>Health, Midwifery, CAB, Housing, Adult Education and Employment agencies</p> <ul style="list-style-type: none"> • Invite the agencies listed above to become members of the Multi Agency • Pathfinder Area meetings • Continue to build on the working relationships between Health visitors, Family Support Workers, Speech and Language Therapy, Midwifery, Childcare and other agencies to improve transition between services and ensure that resources are fully utilised • Make the most of funding opportunities to build the offer to families in Pathfinder areas appropriately e.g. Plant Dewi Baby Bundles; Flying Start Outreach for Health and Safety equipment fitting. 	<p>also working closely with Dyfed Powys Police with a view to promoting partnership working</p> <ul style="list-style-type: none"> • County level meetings are held termly, representatives from each profession are invited, and if unable to attend they are encouraged to send a written update to be shared in the meetings. Meetings are minuted and copies are distributed. Meeting are also held on a similar basis specific to each Pathfinder area. • This work is ongoing and is facilitated by County and Pathfinder area meetings • Parents are offered a home safety and fire safety check at 6 months after discussion with Health Visitors to assess need. If required families receive a home safety advice giving visit and if eligible they are offered safety equipment that can be supplied and fitted. Family Support Workers also complete a 'fire safety' assessment during this visit on behalf of West Wales Fire Service and can offer and fit a variety of equipment if needed e.g. smoke detectors

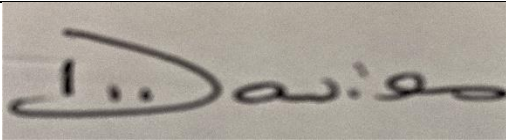
<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<ul style="list-style-type: none"> • Utilise the Pathfinder database to facilitate better integrated working e.g. through generating lists of HCWP visits due and making 'active offers' to new Pathfinder families, promoting the support available to them • Further develop the skills and confidence of the integrated workforce in dealing with speech, language and communication • Develop a Web page based presence on the LA website, signposting families to Dewis and the active Teuluoedd Ceredigion Families Facebook page. • Continue to make the most of training and supervision opportunities to upskill the workforce and ensure they are appropriately supported in dealing with ACEs, family conflict and separation and safeguarding issues 	<ul style="list-style-type: none"> • Some progress has been made in terms of using the Pathfinder Database and information sharing. Family Support Workers currently use the database to identify parents of 6 week old babies and subsequently make contact to offer support, courses and encouragement to engage with their local Family Centres. This will be built upon in the financial year 22/23 • All Family Support Workers received Wellcomm and ELKLAN training which they are implementing in partnership with the SaLTs. Health visitors also delegate Wellcomm assessments with children to Family Support Workers to complete. • Considerable progress has been made with the DEWIS pathfinder page now been published. The page incorporates a link to our Facebook page. We are also using # Under5Ceredigion #ODan5Ceredigion to advertise multi-agency services. We are also producing promotional materials for distribution. • Family Support Workers have received ACE's awareness training along with Family Stability One plus One approach training. We have a schedule of forthcoming training including: 'De-escalating conflict and 'Calm Training' which will equip staff to have challenging conversations whilst maintaining healthy relationships. Family Support Workers have also had the

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<ul style="list-style-type: none"> Explore development of better links with provision for Over 5s in line with work in Early Years Integration Operational Meetings 	<p>opportunity to complete training in delivering the accredited parenting programmes, such as IY toddler and babies, NVR, Jabadao, and Mental Health Literacy.</p> <ul style="list-style-type: none"> As part of a wider reorganisation within Ceredigion Local Authority, Pathfinder, Flying Start, Team Around the Family and the wider Family Support Team have been integrated under a single management structure, facilitating links with work with over 5s in a through-age model.
Description of the additional Targets	
<p><u>Pembrokeshire</u></p> <p>Delivery Models/ Approaches or Other</p> <p>Workforce Development:</p> <p>Number of training sessions attended:</p> <ul style="list-style-type: none"> Health Visitors Support staff <p>Up-skilled workforce to better respond to the needs of families in Pembrokeshire</p>	<p>Incredible Years:</p> <p>Promote positive parenting strategies and assist parents in managing children’s behaviour problems.</p> <p>On line training sessions delivered between January and March 2022. Sessions were offered to Health Visitors and early years support staff from the Local Authority and Health. A breakdown of attendees is shown below:</p> <p>Health Visitors: 14 Support Staff: 15</p>

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	<p>This will enable the Incredible Years programme to be delivered County wide.</p> <p>Wellcomm:</p> <p>Speech and Language toolkit, which enables practitioners to quickly and easily identify children needing support. Wellcomm has been adopted in Flying Start, training for generic staff will enable consistency across the County.</p> <p>Online training provided by Speech and Language Therapist.</p> <p>A breakdown of attendees is shown below:</p> <p>Health Visitors: 14 Support Staff: 7</p>
<p><u>Ceredigion</u></p> <p>Delivery Models/Approaches or Other</p> <p>Workforce Development and Training:</p> <p>Sessions attended & Feedback from Family Support Workers/Coordinators</p>	<p>Over the last month we have steadily increased our proportion of face to face interventions with parents and families. For instance, Baby Massage sessions have recommenced in our Family Centres. Our Family Support workers are currently developing their programme for the Summer term using blended approaches of delivery.</p> <p>An extensive programme of training has been delivered to our Family Support Workers and to the wider staff group over the reporting period to enhance their skills in delivering intervention. These are as follows:</p>

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	<p>NVR (Non Violent Resistance) Training: This course has equipped staff to work with parents to address children's violent or self-destructive behaviours. 15 staff attended</p> <p>CALM Training CALM training focusses on the root causes of behaviours, focussing on attachment, trauma and nurture to develop plans to prevent, avert and safely manage crises. 10 staff attended</p> <p>Medical Mediation This training focussed on building participant ability to identify and manage conflict in a social care setting. 13 staff attended</p> <p>Baby Massage Refresher Training 9 staff attended.</p>
<p><u>Carmarthenshire</u></p> <p>Delivery Models/Approaches or Other</p> <p>Family Support 4 days a week for 13 weeks</p> <p>Sensory Equipment</p>	<p>Over the past 13 weeks we have worked with Tumble Family Centre to increase both their activities and the Early Years Integration Team activities. With the extra 4 days per week, they/we have been able to:</p> <ul style="list-style-type: none"> • Open the family centre for two extra days per week. The Family Centre is the only source of drop in support throughout the Gwendraeth Valley so this have been invaluable. The Family Centre report that they have had 4 – 9 families attend on each of these days.

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Children with ALN to benefit from specialist sensory resources	<ul style="list-style-type: none"> • The extra hours/days at Tumble Family Centre have also helped the Early Years Integration team to deliver groups away from the family centre. They have co-delivered weekly Time to Shine, walking group and Launch into Language groups. • Having the extra hours at the Family Centre has also enabled them to support and co-facilitate Winter of Wellbeing Projects. For each of the WoW trips they enrolled and facilitated a bus of families from the FC. Each time they supported 52 children and Families • The staff provided by the extra hours/days at the Family centre have been preparing a room at the centre so that it can become a sensory room for children and families with ALN. This is now complete and a Health Visitor with special interest in ALN is going to start a weekly support group from the Family Centre. For this the Family Centre will hand over the keys for use on a Friday. This will start in May and we hope to support 6-8 families weekly. <p>The sensory room has been equipped with sensory equipment from the early years funding. This has included sensory calming and stimulating equipment, fixtures and fittings for the walls and ceiling, matting and seating.</p>

Signed:		Date:	20/04/22
(To be signed by Project Lead (as per Grant Award Letter) (Rhian Rees no longer working for the authority))			

Name:	Iwan Davies
Position:	Corporate Manager – Early Intervention (Ceredigion)