

EARLY YEARS INTEGRATION TRANSFORMATION PROGRAMME PATHFINDER CO-PRODUCTON - 2022/24
Progress Report 2 (please delete as appropriate)

Progress Report 2 to be submitted by 30th April 2023 earlyyears@gov.wales

Please detail your progress against each objective/ target in accordance with the timeline outlined in Schedule 2 of the grant award letter for the relevant reporting period.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<u>CWM GWENDRAETH PILOT</u>	
<p>Build an integrated, multidisciplinary team in order to effectively and prudently support families with young children living in the Gwendraeth Valley area of Carmarthenshire.</p>	<p>Q1&2 Progress</p> <p>Health Visitors are referring appropriately to the wider support team. Midwives' integration with the team is much improved and referrals are increasing.</p> <p>Recruitment from 1/4/22 and ongoing:</p> <ul style="list-style-type: none"> • FSW X 3 (2.4 wte) recruited and all in post • Additional Learning Needs Support Officer in process. Awaiting final approval. • Recruited 0.6 Health Visitor – starting October 22 • Recruited new 0.5 wte Performance and Finance Officer - started • Midwifery post with job matching. • Preparation for Parenthood post recruited – awaiting start date • School Link Liaison post recruited and in post • Play Worker post recruited, awaiting start date.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<p>Q3 & Q4 Progress The Early Years Integration Team is now complete with all posts as above in place, plus the 0.4 exploratory Midwife post. The addition of the Preparation for Parenthood Support Worker and the Exploratory Midwife post have vastly improved integration of the Midwives in the team with the Preparation for Parenthood Support Worker having around 40 families on her caseload, all of which were referred by the Midwives. ALN Support Worker Post withdrawn due to issues with funding.</p>
<p>Identify and map service provision for families with young children living in the Cwm Gwendraeth area of Carmarthenshire</p>	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • Scoping and mapping process completed 2021 and reviewed regularly to ensure information is up to date. • Website kept updated by Community Connector • Facebook page maintained by Community Connector • Team kept updated by fostering and nurturing good relations with third sector partners <p>Q3 & Q4 Progress Website continues to be maintained and updated weekly. Management of the website now handed over to the Performance Officer Information about EYIT groups and our 3rd sector partners easily accessed on the website. Parents directed to the website from birth via the Preparation for Parenthood Support Officer. Facebook maintained by the Community Connector</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<p>What's App groups set up for each baby massage cohort. Information about new groups is also shared on the Whats App groups.</p>
<p>Develop and improve the accessibility of information available about services for families within their geographic area</p>	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • Website maintained and updated with relevant information weekly. • EYIT Facebook updated daily. Informs families of upcoming and current EYIT activities • All families that attend EYIT activities are asked if they would like to be part of a what's app group for the group that they are part of. This allows them to keep in touch with each other and the team. • HVs and MWs giving out updated leaflets about the EYIT and website. • Some groups contacted directly by mail. For eg all pregnant women and families with children under 6 months as a result of the maternity and early years fayre. • Maternity and Early Years Fayre held September 22nd <ul style="list-style-type: none"> • 13 local service providers for families with young children had stalls. These included, Plant Dewi, SALT, MW's, HV's, Tumble FC, Mid and West Wales Fire and Rescue Service (MWWFRS), Road Safety etc

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • 38 families attended. This included 5 dads • 12 families signed up for the free home safety check at the fayre • Consistently working with 3rd sector partners to promote EYIT services on their social media and for EYIT to promote their services on ours <p>Q3 & Q4 Progress Website continues to be maintained and updated weekly. Management of the website now handed over to the Performance Officer Information about EYIT groups and our 3rd sector partners easily accessed on the website. Parents directed to the website from birth via the Preparation for Parenthood Support Officer. Facebook maintained by the Community Connector What's App groups set up for each baby massage cohort. Information about new groups is also shared on the Whats App groups. Groups delivered in various locations across the Gwendraeth Valley to facilitate easy access, especially for those without transport</p>
Provide packages of parenting support that aims to improve outcomes and builds resilience	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • HV's referring families wanting or, in need of, support regularly and appropriately. • MW's are now referring some families for support.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • Rolling programme of 3 face to face baby massage groups every week. 8 babies per session. Consist of 5 sessions per course. Constant waiting list for baby massage groups. This is an important group since it serves as a starting point for families engaging in family support services • Weekly, rolling programme of Can a Chlonc sessions in Pontyates. Each session has between 18 and 25 families. The sessions have an emphasis on Welsh language • FSW's currently supporting 22 families within their homes on a one-to-one basis. Reasons vary but include baby massage for families without transport, speech and language support, sleep support, behaviour management, anxious parents and two children with physical disabilities that cannot attend group due to the risk of injury. • Baby massage group at impact 242, in partnership with impact 242 and Plant Dewi to encourage families to attend their family provisions. • Supporting weekly peer led parent and baby group • Taken part in Summer of Fun. <ul style="list-style-type: none"> ❖ Trip to National Botanic Garden of Wales 64 children plus their families attended ❖ Play sessions across the Cwm 141 individual children attended with some attending more than one session

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> ❖ Small bespoke session at Hafan Cymru sheltered housing x 3 children • Walking group through the summer between 6 and 9 families at each session • Working with three local, part time libraries to deliver story sessions starts end September. <p>Q3 & Q4 Progress</p> <p>Rolling programme of 3 face to face baby massage groups every week. 8 babies per session.</p> <p>Weekly, Messy play sessions. Each session has between 15 and 22 families.</p> <p>FSW's currently supporting 27 families within their homes on a one-to-one basis. Reasons vary but include baby massage for families without transport, speech and language support, sleep support, behaviour management, anxious parents and two children with physical disabilities that cannot attend group due to the risk of injury.</p> <p>Mums Matter group in partnership with MIND Cymru. 9 week course – now complete,</p> <p>Anxious Mums group in partnership with Peri Natal Mental Health Service.</p> <p>Working with Coed Lleol for weekly forestry group</p> <p>Supporting weekly peer led parent and baby group</p>
<p>Improve the support of families identified as 'vulnerable' through the delivery of established parenting support programmes.</p>	<p>Q1&2 Progress</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • HV's currently supporting 11 children on CPR, 18 on CASP, 9 LAC and 46 identified as intense need • Nurture group in partnership with Action for Children started September for 10 weeks • Preparation for Parenthood post recruited to support vulnerable families as identified by MW's • HV's regularly referring vulnerable families for support with FSWs <p>Q3 & Q4 Progress HVs currently supporting 18 children on CPR, 14 CASP, 10 LAC and 46 intense need families HV's regularly referring vulnerable families for support with FSWs MW's now regularly referring vulnerable families for support with the Preparation for Parenthood Support Worker. All 1:1, currently has 24 on her caseload and 8 are for complex social needs/history Mums matter course complete Anxious mums group continues FSW's supporting 10 families 1:1 that are experiencing mental health issues HV's and FSW's supporting approx 120 children with ALN/ASD</p>
Facilitate and deliver activities that promote early attachment such as baby massage and one to one support for parents identified as having mental health issues.	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> •

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • 3 face to face baby massage groups every week. 8 babies per session. Consist of 5 sessions per course. Constant waiting list for baby massage groups. • Preparation for Parenthood post recruited and awaiting start date. This post will specifically focus on support and activities that promote attachment and bonding. • EYIY MW commenced a weekly antenatal group 4-8 attending each session • 2 x FSW's have completed advanced baby massage course. This allows them to provide baby massage from birth. • Working with MIND to plan a Mums Matter group • Starting 29th September co-delivering a rolling, anxious mums group in partnership with Perinatal Mental Health Service <p>Q3 & Q4 Progress</p> <ul style="list-style-type: none"> • 3 x Baby massage groups weekly, continue • Preparation for Parenthood Support Worker supporting families from the antenatal period through to 8 weeks postnatal • Prep for Parenthood Support Worker has significant signposting roll for continued support as her inputs come to an end • Prep for Parenthood Support Worker currently supporting 16 new mothers with breastfeeding • MW's and Prep for Parenthood SW offering and delivering rolling programme of antenatal group.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • Exploratory MW developing additional day to show parents practical skills including 'birth for blokes' to support dads including the early bonding experiences
<p>Create strong working relationships with existing family support services that are active within the Cwm Gwendraeth area, in order to facilitate or co deliver provision of parenting support groups or one to one support.</p>	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • The CC host regular locality meetings with local services including Tumble FC, Pant Dewi, Impact 242, Menter Cwm Gwendraeth Elli, Cymraeg I Blant • CC has regular meetings with local schools and we are in the process of exploring using local schools as venues. <p>This quarter, the team has worked with, and continues to work with:</p> <ul style="list-style-type: none"> • Pant Dewi – supporting their young parents and families together groups • Impact 242 – Baby massage group • People Speak Up – supporting play streets • Cymraeg I Blant – Stori a Chan • Tumble Family Centre – various projects • Mid and West Wales Fire and Rescue Service – home safety + Maternity and EY Fayre • Road Safety Service – home safety + Maternity and EY Fayre • Pontyates Hall – various groups • Pontyberem Hall – various groups • Cefneithin Hall – various groups

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • Hafan Cymru – bespoke sessions for families within their sheltered housing project • Youth services – Summer of Fun project • Parents/service users – Pontyates group • Perinatal Mental Health service • MIND • Local libraries <p>Q3 & Q4 Progress</p> <ul style="list-style-type: none"> • Continued to work with all partners as above • New partner Pontyates, Pont Henri and Llann schools. providing free venue for groups and afterschool group • Constantly seeking out new opportunities and partners to improve access to support services for families with young children • Worked with local halls and agencies to continue to offer family support in easily accessible venues across the Gwendraeth Valley
<p>Identify gaps in family support provision within the Cwm Gwendraeth area, and devise ways of filling those gaps especially for groups that are recognised as needing more support, such as families dealing with the early stages of an identified ‘additional learning need’, such as ASD or a global development delay.</p>	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • ALN Support Worker post in progress - awaiting final approval • Working with Perinatal Mental Health Service to co-deliver and facilitate a group for anxious Mums. This starts end September. <p>Q3 & Q4 Progress</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<p>Recruitment of ALN Support Worker withdrawn due to financial constraints</p> <p>HV's identifying and supporting and referring children with ALN Antenatal group being extended to address lack of support for dads</p>
<p>Support parents so that they are confident and able to support their own children to be healthy, safe and to have good outcomes even if there is adversity.</p>	<ul style="list-style-type: none"> • Have supported a group of parents to start and maintain a peer led group 12 parents with their child attend every week • EYIT, FIS, What's App and Facebook keep parents informed so that they are aware of support avenues and have access to those services. • Home safety sessions with Fire Service and Road Safety Service continue on a rolling programme • Use Facebook and What's App to inform families directly of new offers of support. <p>Work to recognise individuals strength and encourage parents to 'get involved'.</p> <p>Q3 & Q4 Progress</p> <ul style="list-style-type: none"> • Parent led group ongoing • Home safety sessions continue • Social media communications continue so that parents are able to easily identify easily accessible avenues of support • MW's, HV's, FWS and Prep for parenthood SW sign posting to other agencies as needed. For example housing, domestic abuse substance misuse, TAF and financial support.


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	<ul style="list-style-type: none"> • 3 x after school groups per week. Children aged 4-7. Parents can apply for places but school s also identifying vulnerable children for the group
<p>Resilience for families and children living in Cwm Gwendraeth, through the development and implementation of innovative support.</p>	<p>Q1&2 Progress</p> <ul style="list-style-type: none"> • New posts have been created and developed to offer new and innovative support this includes Antenatal Support Officer, and the EY School Link Assistant in partnership with education. • Increased capacity to deliver more 1:1 support, and groups by increasing number of Family Support Workers and introducing a Play Worker • Created Can a Chlonc Welsh language sessions unique to Cwm Gwendraeth • Supported parents to develop a peer led group unique to Pontyberem • April/May continued with 'Time to Shine' programme after funding ended to deliver our bespoke music and movement program • Working with School Health Nursing to develop a new exploratory School Health Post • Working with Perinatal Mental Health on a new anxious Mums group. This is unique to Cwm Gwendraeth • Maternity and Early Years Fayre. This was an innovative event to showcase the services that expectant and new parents may need such as Family Centres or Plant

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	<p>Dewi, or introducing them to concepts of home safety and road safety to help prepare for baby</p> <ul style="list-style-type: none"> • Working with local libraries to deliver 'story time' within their settings. This is to encourage communication skills and bonding • Working with 'Save the Children' to administer emergency grants to families in need and/or development delay in the child <p>Q3 & Q4 Progress</p> <ul style="list-style-type: none"> • Working with Midwifery service to pilot foodwise and walking group in pregnancy • Working with parents to identify gaps in service provision • Ongoing support for the parent led group • Continued working with 'Save the Children' to administer emergency grants to families in need and/or development delay in the child • HV's, MW's and FSW's actively promoting self referral into groups and activities • Continued to offer parenting support in freely/easily accessible venues across the Gwendraeth Valley
LOCAL CO-ORDINATION AND FACILITATION	
<p>Early Years Operational Group: Continued involvement of key representatives from each early years service (to include third sector representation) in the Carmarthenshire Early Years Operational Group in order to</p>	<p>ONGOING AS PERIOD 1 REPORTING</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
<p>agree and implement the key actions required in progressing towards integration within early years service delivery.</p>	<p>The Maternity and Early Years Operational Group now meets on a termly basis. Meeting every 6 weeks did not allow enough time for actions to be progressed effectively. Membership of the Group has evolved with wider representation from Health, Social Care, third sector, childcare and workforce development. The meetings are structured to allow Transformation leads to communicate key developments from Welsh Government and to update on the progress of transformation across the region and locally. Members of the group are given an opportunity to communicate any emerging needs identified at a community level that require addressing collectively. Where appropriate these emerging needs are communicated to other relevant groups for addressing. Furthermore, members of the Operational Group are also active members of various sub groups and task and finish groups who have actions related to maternity and Early Years transformation.</p>
<p>Early Years Operational Plan: Implement an annual Carmarthenshire Maternity and Early Years operational plan for any structural and process changes required towards integrated early years services across agencies within Carmarthenshire.</p>	<p>ONGOING AS PERIOD 1 REPORTING</p> <p>The Maternity and Early Years Operational Plan details the priority areas within Carmarthenshire for Maternity and Early Years Transformation. Actions are taken from the plan and various sub groups and task and finish groups developed for taking forward actions and completing specific tasks.</p> <p>The key pieces of work currently prioritised are:</p> <ul style="list-style-type: none"> • Finalising the Maternity and Early Years Strategy • Developing an Outcomes framework.

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
	<ul style="list-style-type: none"> • Developing Careers Pathways for the Maternity and Early Years in partnership with the Local Authority Learning and Development team and We Care Wales • Agreeing and implementing clear transition processes and documentation from Childcare into Early Years education • Developing the accessibility of information for families and professionals relating to the services available across the county • Developing key standards for Co-production and Co design and exploring the potential of working with Co-Production Wales via the PSB • Piloting the role of Preparation for Parenthood Family Support Worker to test systems of identifying and referring families as early as pregnancy for support
<p>Evaluation of IT systems: Develop comprehensive report detailing an overview of each service's systems, what's working well, areas for improvement and a set of key recommendations for implementing systems change across the maternity and early years services.</p>	<p>ONGOING AS PERIOD 1 REPORTING</p> <p>Meetings held with Carmarthenshire Local Authority IT department and Information Systems, Security & Integration Manager. Systems discussed in depth and concluded that one system across both Health and Local Authority would need to be implemented on a National Level. However, agreed that the Eclipse system would meet the current needs of the Maternity and Early Years services locally. Eclipse will be rolled out across Carmarthenshire on a Phased basis with Maternity and Early Years services being included within Phase 2. A proposal</p>

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	has been submitted to the Head of Service for Children and Families to include the Maternity and Early Years Pilot team in Phase 2 of the roll out. In the interim period it was agreed (upon Head of Service approval) that the Cwm Gwendraeth team would have access to Care First to store and share information).
<p>Transformation Evaluation: Evaluation to build upon the existing evaluation work that has been completed by ARAD in March 2020 and March 2021, including recommendations to guide future areas of development/practice.</p>	<p>Practice Solutions have been commissioned to complete and Evaluation of the Maternity and Early years Transformation Programme within Carmarthenshire. Work commenced in Year 1 with an interim report provided by March 31st 2023.</p> <p>NCVO have been commissioned to work with the Cwm Gwendraeth Integrated team to develop an Outcomes Framework which details both the Qualitative and Quantitative data to be collected, the methods of collecting and collating that information and then utilising the information to shape future planning of services.</p>
<p>ABCD training: Asset Based Community Development Training to be offered to key maternity and early yeas staff. Training will equip staff with the skills to identify and develop assets within the community to support the needs of families within the early years of a child's life.</p>	<p>ABCD training was delivered in early February and Mid-March to staff working within Early Years Services (to include Families First Commissioning Officers).</p> <p>The Community Engagement Subgroup will then focus on developing a set of Engagement Standards with a focus on Asset Based Community Development and Co Production. Engagement Standards development – ONGOING to 2023/2024</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>
REGIONAL	
<p>Early Years Strategic Group: Continued involvement of key strategic drivers at Director and Head of Service level within the Early Years Steering Group from all three Local Authorities across the Hywel Dda footprint and continued strategic representation from the Health service.</p>	<p>The Maternity and Early Years Steering Group continues to meet, it has been agreed that meetings will now occur on a half termly basis. Membership has been reviewed to ensure correct representation from across the sectors. A revised set of Terms of Reference have been developed and agreed to ensure effectiveness and purpose of the group. Please find up to date Terms of Reference below:</p> <p> Maternity%20and%20EY%20Steerin</p>
<p>Regional Maternity and Early Years Strategy: Ensure that the Regional Maternity and Early Years Strategy is developed and embedded as a guiding document across the region</p>	<p>The Regional Maternity and Early Years Strategy has been completed. The strategy will be taken through Local Authority and Health processes for ratification. The Strategy will be discussed at the Children and Young People Regional Partnership Board in April. A short vimeo has been developed to accompany the strategy as a marketing tool and also to provide a background and summary of the strategy.</p>
<p>Regional Maternity and Early Years Outcomes Framework and Data dashboard: Develop a regional Outcomes Framework and Data dashboard to establish a baseline and indicators to measure early years outcomes and progress locally and regionally.</p>	<p>ONGOING AS PERIOD 1 REPORTING</p> <p>1. Outcomes Framework Welsh Government’s Early Years Outcomes Framework published in 2015 has been used as a basis for the Hywel Dda Region Outcomes Framework. Issues with Data Development identified at the time continue to be data development issues.</p>

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	<p>Regional EYIT Lead Officers have met to reach agreement on the data that can be monitored against each of the outcomes from the framework.</p> <p>Unfortunately there are a number of additional data issues triggered by changes to the curriculum and free school meals as follows:</p> <ul style="list-style-type: none"> A) Lack of standardised Wales wide assessment at age 7 years due to the introduction of the new curriculum. We are waiting for a steer from regional partners on this B) Extension of the Free School Meals entitlement also means that monitoring and reducing the gap in children's attainments at age 7 (in the context of deprivation) is not possible. We are waiting for a steer from Welsh Government on a new measure for poverty <p>Data Dashboard</p> <p>A regional data system has been commissioned by the Public Service Board and Regional Partnership Board for the purpose of collecting data for Wellbeing Assessments and Population Needs Assessments across the region. The possibility of 'hosting' a Maternity and Early Years Data Dashboard within this system has been discussed and agreed in principle. There is potential to add additional qualitative and quantitative information in order that all information is stored in one central dashboard. The system is currently being tested.</p>

<u>Objective/Target</u>	<u>Progress against Objective/Target</u>

Signed:		Date:	
(To be signed by Project Lead (as per Grant Award Letter))			
Name:			
Position:			