

Title	Age Friendly Communities
Item Number	7
Date of Meeting	25 March 2025

To consider and comment on the following issues:

Overview

The World Health Organisation (WHO) Age Friendly Communities initiative aims to create environments that support healthy and active ageing. This involves making cities and communities more inclusive and accessible for older adults, ensuring that they can live safely, enjoy good health, and participate fully in society.

Key Features

1. **Global Network:** The WHO Global Network for Age-friendly Cities and Communities includes over 1,300 cities and communities in 44 countries. This network works to improve physical and social environments to become better places for people to grow old.
2. **Eight Domains:** The WHO Age-friendly Cities framework identifies eight essential features of age-friendly communities, known as the eight domains. These domains include outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, and community support and health services.
3. **Mentoring Programme:** The Age-friendly Environments Mentoring Programme provides guidance and support to develop skills needed to advance work on age-friendly environments.

Benefits of Joining

1. **Enhanced Community Well-being:** Joining the WHO Age Friendly Communities initiative can significantly enhance the well-being of older adults by creating environments that support their health, safety, and participation in community life.
2. **Access to Resources and Best Practices:** Membership provides access to a wealth of resources, including guides, case studies, and best practices from other age-friendly communities around the world.
3. **Networking Opportunities:** Being part of a global network allows for the exchange of information, knowledge, and experiences with other cities and communities working towards similar goals.
4. **Policy Support:** The initiative supports the development and implementation of policies that promote healthy ageing and address barriers to the well-being and participation of older people.
5. **Community Engagement:** Engaging with the Age-Friendly Community of Practice ensures that best practices are shared and that the community is actively involved in the process.

<p>To discuss and agree:</p> <ol style="list-style-type: none"> 1. Commit to the Initiative: Demonstrate a strong commitment to becoming an age-friendly community by joining the WHO Global Network for Age-friendly Cities and Communities. Carmarthenshire County Council will lead the application. 2. Monitor and Evaluate Progress: Establish a system for monitoring and evaluating the impact of age-friendly initiatives to ensure continuous improvement and adaptation to the needs of the community. 	<p>Is a decision necessary?</p>	<p>Yes</p>
<p>Proposed by:</p>		
<p>PSB Support Team</p>		