

## **Is-adran Gwella lechyd**

lechyd Cyhoeddus Cymru, Llawr 5, Rhif 2 Capital Quarter, Stryd Tyndall, Caerdydd CF10 4BZ

## **Health Improvement Division**

Public Health Wales, Floor 5, Number 2 Capital Quarter, Tyndall Street, Cardiff CF10 4BZ

Mr Barry Liles Chair Carmarthenshire Public Services Board

28th February 2018

Dear Mr Liles

## Joining the Cymru Well Wales First 1000 Days Collaborative

Following the success of the Cymru Well Wales First 1000 Days Collaborative National Network Event held for Public Services Boards (PSB) on the 13<sup>th</sup> December last year, we are writing to ask your PSB to commit to joining the First 1000 Days Collaborative.

As you will be aware, the First 1000 Days Collaborative is building a network of areas who are committed to taking a whole system approach to improving outcomes in the first 1000 days. By working better together, we aim to ensure all children in Wales benefit from having the best start in life. This puts into practice key elements of the Well-being of Future Generations Act, particularly in terms of its focus on preventing problems from arising and on taking a long term, intergenerational perspective.

To support your PSB in joining the Collaborative we are attaching a copy of the recently launched 'Guide to Joining the First 1000 Days Collaborative'.

The guide leads local areas through the process of effectively mobilising their local system and becoming part of this exciting new network. Starting with making the case for embedding the first 1000 days within your wellbeing objectives the guide also provides further information on what the benefits of joining the Collaborative are for your PSB. These include how it can support you to effectively engage the local system, identify opportunities for improvement and build capacity in the local system.

If you would like to find out more about joining the First 1000 Days Collaborative please contact F1000D@wales.nhs.uk.



Yours Sincerely,

Jean White

Prof. Jean White CBE Chief Nursing Officer Welsh Government Chair F1000D Programme Board

Dr Tracey Cooper Chief Executive Public Health Wales Co-Chair Cymru Well Wales

Sophie Howe Future Generations Commissioner

Steve Thomas CBE Chief Executive Welsh Local Government Association Co-Chair Cymru Well Wales