Well-being Fact Sheet

| Social Well-being in Carmarthenshire | By this we are talking about how you get on with those around you, how you feel about where you live and whether you think these things are likely to change for you in the future. |
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| | Population is approximately 184,000: of which 18% are aged 0 to 15, 60% are aged 16 to 64 and 22% are aged 65 and over. Carmarthenshire is predominantly white with 4% of the population having a non-white ethnicity. Population density is 78 persons/km², this is very low when compared to the highest density in Cardiff at 2523.5 persons/km² 83% of residents believe that they live in a Cohesive Community, and 95% believe their community is Safe. 1 in 5 people feel that they are able to influence decisions that affect them. |
| | The Welsh Index of Multiple Deprivation shows that overall Carmarthenshire is not 'deprived' however there is some variation across the 6 community areas. Parts of the area of Llanelli appear in the 10% most deprived areas of Wales in the following domains: income, employment, health, education, community safety and physical environment. 71% of northern Carmarthenshire (Tywi valley) appears in the 10% most deprived areas of Wales in terms of poor 'Access to Services' 19% of the population is over-indebted, this is in line with the Welsh national average of 19.6%. 21% of homes are not connected to mains gas 36.3% of all households are living in poverty slightly above the Welsh average of 35%. Of these 15.7% are living in severe poverty 17.9% of children are living in poverty which is lower than the Welsh average (22%), but those living in workless households is in line with the Welsh average of 14%. Carmarthenshire has a large stock of social housing and supports social housing initiatives |

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| | 87% of children achieve expected outcomes at Foundation Phase. 60% of parents are satisfied with places to play 19% of Carmarthen's primary schools appear in the best category GREEN band and none in the RED . KS4 Educational Achievement is relatively high with 61.1% attaining 5 GCSEs (compared to 57.9% nationally) The proportion of 18-24 year olds who are NEET (Not in Education, Employment or Training) is higher than the Welsh average (12.2% compared to 10.7% nationally). Just under 10% of children aged 5-16 have mental health issues The County is the third worst in Wales for levels of childhood obesity at 30.7%, almost 5 percentage points higher than the Welsh average of 26.2%. The County scores lower than the Welsh average for 'children in need' and teenage conceptions. |
| | 13% of homes are occupied by just one person; half of these are by one person aged 65+ There is a growing elderly population: By 2036, the number of over 65's is predicted to increase significantly by two thirds (from 38,447 in 2011) to 58,683 11% of over 65's will need care by 2036 The number of people suffering from dementia is estimated to increase by 73% by 2035. 77% of homes are occupied by one family and 9% are houses of multiple occupancy The County scores at mid-range across the 22 Welsh authorities for happiness (14th highest) satisfaction with life (14th highest) and having worthwhile lives (12th highest) and the 6th lowest score for anxiety. |

| Health and Wellbeing in Carmarthenshire | There are many different factors that can affect your mental and physical health. Our questions are aimed at getting a better understanding of how your health affects your overall sense of well-being. We also want to find out where you would go for information and advice if you needed it and about any support you may be getting at the moment. |
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| | Life Expectancy is favourable at 78.5 for men and 82.6 for women. Just over the Welsh average of adults have mental health issues (28% compared to 26%) The population are less likely to smoke than the national average yet there are higher than average incidence of smoking related diseases. The population are more likely to be overweight or obese than the average Welsh person they are also more likely to participate in exercise and eat healthily. The population is less likely to binge drink than the average for Wales. The County shows rates of cancer similar to the Welsh average. |

| Environmental Well-Being in Carmarthenshire | A healthy environment will be able to support a wide range of plants and animals, including ourselves, now and in the future. We want to know what's important to you about the environment around you, as well as things that could help keep it safe for the future. |
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| | 40% of the population live within 400m of natural or semi-natural greenspace The County's landscape, countryside and beaches were enjoyed by over 3 million last year The County has 88 sites of special scientific interest and there are extensive marine protected areas. 53% of the County is considered to be rural with approximately 60% of the population living in rural areas. Views of nature positively influence patient recovery times Air quality is generally good, apart from a few congestion hot spots Chemical water quality in our rivers and lake is good, but their ecological quality could still be improved Clean water is essential in providing the 64 surface and groundwater abstractions for drinking water and commercial use. |
| | By 2050, winter rainfall is predicted to increase by 14% and summer rainfall to decrease by 16%; and a rise in average winter temperature of 2.5°C and average summer temp of 3.4°C Climate Change is also likely to affect water quality, tourism, grassland productivity, fuel costs and weather related morbidity in different ways and to different extents. Approximately 5,587 properties in Carmarthenshire are at risk of tidal and rising river levels flooding. Carbon Dioxide emissions (CO²) per person are 7.4 metric tonnes per capita, higher than national average of 6.6. 227 Green Flags have been awarded to Carmarthenshire's schools; and 30 Platinum awards for Eco schools. Carmarthenshire has exceeded the Welsh Government targets for recycling; increasing the rates of recycling yearly. It also has some of the largest reductions in levels of landfill waste in Wales. Carmarthenshire hosts 3,856 low carbon energy generation projects harnessing solar, wind and other renewable energies to produce around 328GWh of green energy |

Cultural Well-Being in Carmarthenshire

Culture means lots of different things to lots of different people. For some it might be about supporting their favourite rugby team, for others it could be listening to music, being a member of a specific group, following a society or speaking a language (i.e. Welsh). We want to know what affects your cultural well-being, and how freely you can take part in what's important to you.



- On average, just under half the population are Welsh speaking but the degree of Welsh speaking varies widely across the county from 55% in Gwendraeth Valley to 25% in Llanelli town.
- Two thirds of these Welsh-speakers have an opportunity to speak Welsh every day.
- 60% of Carmarthenshire residents attend art events, 64% visit historical sites and 42% go to museums. These are all higher than the Welsh national average.
- Carmarthenshire boasts 4 landscapes of historic interest:- Taf & Twyi Estuary, Drefach Velindre, Twyi Valley and Dolaucothi
- Also the number participating in sport or activities was above the national average at 43.4% (compared to 38.4%).

| Economic Well- Being in Carmarthenshire | We think economic well-being is about more than just the money in your pocket but we'd like to know what you think! Our questions ask about income security, as well as satisfaction with employment and opportunities in your local area. |
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| | The County has high levels of employment; 69% people of working age are employed A very small proportion of residents claim unemployment benefit or class themselves as unemployed. Average weekly wage is £365 compared to a Welsh national average of £539. However there is considerable variation across the community areas. There is a gap in employment for those with long term health issues who have less than average outcomes |
| Engl. | The County's main industries are Agriculture, Forestry and Fishing, creating 25% of all business, followed by retail and construction (9% each). 15% of residents work from home. 27% of residents travel less than 5km to work, 30% 10-30km and 4% over 60km. Nearly 75% of residents travel to work by car and only 8% on foot, and 1% by bike. The County is innovative and entrepreneurial: there is a high number of active enterprises; many new micro businesses starting up and generating a quarter of the county's turnover |